

San Luis Obispo County Office of Education  
Educational Support Services

# CREATIVE EXPRESSION FOR SEL

2 SESSIONS PRESENTED BY RAYNE  
LACKO AND LESLEY HOLMES OF  
*DREAM UP NOW*

## SESSION 1

For teachers of grades 6-12

**WHEN:** June 2nd | 3:30-5:00PM  
**WHERE:** Virtual meeting on Zoom  
**COST:** FREE  
**REGISTER:** <http://slocoe.k12oms.org/2535-202303>

## SESSION 2

For teachers of grades PreK-5

**WHEN:** June 7th | 5:00-6:30PM  
**WHERE:** Virtual meeting on Zoom  
**COST:** FREE  
**REGISTER:** <http://slocoe.k12oms.org/2535-202304>

**No cost due to grant funding provided by  
FEMA/DHCS**

### Session 1 - June 2, 2021

**For Leaders & Teachers of Grades 6-12**

This class focuses on the importance of establishing a supportive social and emotional learning environment by engaging in creative activities that can help students manage emotions, and offers tools to help guide their feelings.

### Session 2 - June 7, 2021

**For Leaders & Teachers of Grades PreK-5**

This class focuses on the importance of play and arts-based peer groups and learning environments by offering tools for younger students to recognize their feelings, and promote healthy behavior.

### Rayne Lacko



Rayne Lacko is a Young Adult author and an advocate for the arts as a form of social and emotional well-being. A teen-writing mentor, she cohosts a youth creative workshop, an annual writing camp, and a teen arts showcase. Through her work, she inspires young people and their families to use creativity to stimulate positive change in their lives and communities.

### Lesley Holmes



Lesley Holmes contributes her expertise to several educational and arts nonprofits benefitting children, teens, and older adults in and around Los Angeles. Her work promotes alternative therapies, music education, literacy, and food as a pathway to healing.

#### For more information about content, contact:

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#### For more information about registration, contact:

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